

Welcome.

If you are like most people who come to us for help, then most likely:

- You have one or more health conditions that have become chronic and
- You have probably tried conventional medicine or even alternative practitioners and did not get the results you hoped for and,
- These conditions are impacting your personal life, your relationships with your spouse or children, your career or job performance, and/or your personal finances and,
- You know that, as time goes by, these conditions are not going to get better and will probably continue to worsen unless you change what you are doing and do something really effective about it.

If this describes you and you are ready to make a real demand for improvement that will put you back in charge of your own health, then you have come to the right place.

If you are a Nutrition Response Testing case and you follow our recommendations to the letter, then there is hope that you will receive the help you need to restore your health.

What is Nutrition Response Testing?

Nutrition Response Testing is a non-invasive system of analyzing the body in order to determine the underlying causes of ill health. When these are corrected through safe, natural, nutritional means, the body can repair itself in order to attain and maintain more optimum health.

A normal, healthy body naturally heals from most types of conditions – whether illness or injury. If a person has a health condition that is not healing, there must be a barrier to healing. This barrier has to be identified and then the body has to be supported to overcome the barrier. No matter what supplements you take, or healing methods you try, if you don't identify and remove the barriers to healing, you can't reach your health potential.

Typical barriers to healing include a weak immune system, allergies and the effects of toxic chemicals and metals on the body. Through Nutrition Response Testing, I identify and remove these and other barriers. People are usually amazed at how fast the healing starts with just a few key changes in their lives.

What Makes this Approach Unique?

In medical practice there are two key parts: the diagnosis (identifying and/or naming the “disease” or syndrome) and the treatment (drugs, surgery, etc.).

In Nutrition Response Testing we do not diagnose or treat disease - but we also have two parts: the **analysis** (the assessment of your body's current health status) and the **personalized health improvement program** (using designed clinical nutrition).

Simply put, first we do an analysis, and then we design a natural health improvement program to correct the cause of the problem, so that the body can regain the ability to heal or correct itself.

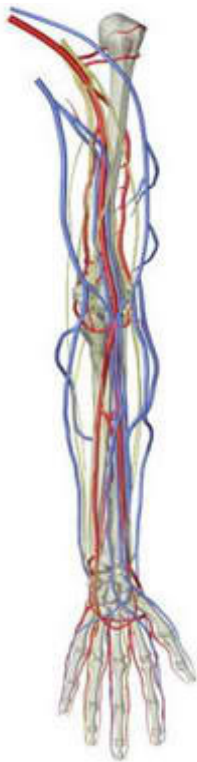
First the Analysis

The analysis is done by testing neurological reflexes and specific acupuncture points on the body's surface. This analysis gives us an energy assessment of how well the organs and systems of the body are functioning.

The neurological reflexes are derived from the part of the nervous system whose job is to regulate the functions of each and every organ. The acupuncture points are selected from the ancient Chinese system of acupuncture, which is thousands of years old.

Since the human anatomy has not changed significantly in thousands of years, these reflexes and acupuncture points have become extremely useful in our practice because they are so reliable!

Each Nutrition Response Testing reflex corresponds to a specific organ, system, or function. It helps us determine the effect that energy, or the lack of energy, is having on your overall health. Nutrition Response Testing also provides a system of monitoring your body at each visit. This has proven to be extremely accurate clinically, and helps us identify exactly what the body needs and how well we are meeting that need.



How Do We Do The Nutrition Response Testing Analysis?

If I were to hook you up to an electro-cardiograph machine and take a reading, that would make perfect sense to you, right? Electrical energy from the heart is running over the wires. This electrical energy makes the electrocardiograph record the energy pattern in the form of a graph or chart. I could then study this graph and tell you what it all means.

Instead of connecting electrodes to the reflex areas being tested, the Nutrition Response Testing practitioner contacts these areas with their own hand. With the other hand, he/she will test the muscle of your extended arm. If the reflex being contacted is “active”, the nervous system will respond by reducing energy to the extended arm, and the arm will weaken and drop. This drop signifies underlying stress or dysfunction, which can be affecting your health.

Why is the Person Who Referred You Feeling Better?

When we did a Nutrition Response Testing analysis for him or her, we found the “active” reflexes. We then made specific nutritional recommendations to help the body return to an improved state of health. Most importantly, that person followed through on our recommendations.

How Do We Create Your “Personalized Health Improvement Program”

Let’s say the liver or kidney reflexes are active. Then what?

Our next step is to test specific, time-tested and proven, highest-possible quality nutritional formulas against those active areas, to find which ones bring the reflexes back to normal.

An important part of the analysis is detecting whether or not there are any barriers to healing (e.g. environmental toxins, immune challenges, major food sensitivities, etc.) which might exist, and how to remedy these to open the door to maximizing results.

Based on decades of clinical experience, once we have identified the correct nutritional supplements and doses for you, along with your specific dietary guidelines, we have created the ideal program, using designed clinical nutrition to get you started back on the road to health.

What is “Designed Clinical Nutrition”?

“Designed Clinical Nutrition” is defined as follows: designed (specially prepared based on a specific plan) clinical (relating to the results reliably attained in practice with large numbers of patients over many years) nutrition (real food, “genuine replacement parts” for the body, designed by nature to enable the body to repair itself and grow healthfully).

A designed clinical nutrition program utilizes specific dietary recommendations and whole food concentrates in a tablet, capsule or powder. They are prepared using a unique manufacturing process that preserves all of the active enzymes and vital components that make it work as Nature intended. These real food supplements have been designed to match the needs of the body, as determined by the positive response shown when tested against the active Nutrition Response Testing reflexes.

These are nutrients you are simply not getting, or not assimilating, in your current diet.

Although these deficiencies may be due to your past personal eating habits and routines, it is certainly due, to the lack of quality of the foods commercially available in grocery stores and most restaurants today.

An example of a whole food could be carrots.

Carrots are high in Vitamin A Complex. A “complex” is something made up of many different parts that work together. Synthetic vitamin A does not contain the whole “Vitamin A Complex” found in nature. So, if we were looking for a food high in Vitamin A, carrots might be one of our choices.

If one actually were deficient in any of the components of Vitamin A Complex, one would be wise to seek out a supplement that was made from whole foods that were rich in this complex – not from chemicals re-engineered in a laboratory to look like one little part of the Vitamin A Complex that has erroneously been labeled as “Vitamin A.”

Designed Clinical Nutrition is not 'over-the-counter' vitamins. Over-the-counter vitamins are pharmaceutically engineered chemical fractions of vitamin structures reproduced in a laboratory. They are manufactured in a chamber that contains a small amount of the vitamin. This chamber is then flooded with petroleum and catalyzed with acetylene to produce a massive amount of this chemical vitamin. There are only 6 vitamin manufacturers in the world and they all manufacture their vitamins by this process. Most store bought vitamins (1) can cause other health problems; (2) create additional deficiencies and imbalances; or (3) simply don't work because they do not contain all of the factors found in nature. They lack many of the essential elements normally present in WHOLE foods. Only Standard Process and a few other small companies manufacture their vitamins with WHOLE foods.

SUMMARY

1. Through an analysis of your body's reflexes, we help you to determine the exact nutrients you need to supplement your diet, in order to bring about balance and better health.
2. We make these highly concentrated therapeutic formulations available to you in tablets, capsules, or in powdered form to "supplement" your current diet. That's why they are called "food supplements."
3. Depending on your individual situation, we might also require that you make some specific changes in your diet & eating habits, and in your daily routines, in order to bring about the best possible results.

How are These Products Produced?

One example of a designed clinical nutrition supplement that we use is called "Catalyn®*". This product is produced by starting with a wide variety of carefully chosen organically grown vegetables, taking the water and fiber out using a vacuum, low heat process – without heating or cooking the vegetables, and then utilizing the concentrated food to make a bottle of Standard Process Catalyn Tablets.

The key to this whole procedure is the way it is done, using the "Standard Process" method:

1. Standard Process nutrients are derived from plants grown on their own farms, in soil free of pesticides – and no chemicals are ever used. Ph.D.'s check the soil before the seeds are sown, to make sure of the fertility of the soil – and even the weeding is done by hand.
2. The machinery involved in the processing of these products is made of glass and stainless steel only.
3. C. The temperature used in processing harvested plants is never raised above the point of 90 degrees Fahrenheit, so that the active ingredients are not cooked; they remain active and alive, and have a very long shelf life.

Your vitality and energy is derived from live food.

Most foods today are all dead – or are not really foods at all – as in boxed cereals, canned vegetables, soda pop, etc. You can readily understand the difference between dead, devitalized pseudo-foods, with the synthetic or isolated vitamins on the one hand, and “Designed Clinical Nutrition” and a diet of real foods, on the other.

There is a Great Deal of Technology and Know-How Behind What We Do.

Nutrition Response Testing was developed as a result of decades of clinical experience on tens of thousands of patients, and on patients from many different types of health care practitioners.

A complete Nutrition Response Testing™ analysis can be done on each visit. This procedure is used to reveal deeper layers of dysfunction so these can also be addressed and corrected.

In this way, each patient gets a completely individualized program, in the correct sequence for his or her body.

By following the correct sequence as revealed through Nutrition Response Testing, we can determine the correct food supplements for you — designed to give your body the best possible chance of getting well and staying that way, without guesswork or cookbook solutions.

Is it Possible for You to Regain Your Health?

Many people we see in our practice have eaten themselves into their current state of ill-health, to one degree or another. The deficiencies or imbalances lead to a breakdown in resistance, or immunity, and a loss of the ability to cope with environmental stresses (chemical, microscopic, or otherwise).

So, yes, the good news is that it is possible to reverse this process!

Each cell, tissue, and organ in your body is in the process of replacing itself every day, year in and year out. The health of each organ is dependent on making the correct nutrients available to upgrade or to maintain the health of the body at a cellular level.

Designed Clinical Nutrition provides the right basic materials.

Nutrition Response Testing tells us when and what to recommend in order to help you bring about the desired result.

With this understanding of what we do, can you see how it is possible that we might be able to help you do something effective to get yourself well? And once that is achieved, do you see how you might be able to use this approach to stay well?

Now you have the complete 1-2-3 package. You now know:

1. What we do
2. How and why we do it
3. What you need to do to have the potential of restoring your health and staying healthy.

But in the end you are the one responsible for your own condition. And with our guidance, we feel that – if you are a Nutrition Response Testing case – your chances of greatly improving your health can be as high as 90% or better.

How Do You Qualify to be a Nutrition Response Testing Patient?

Our long-term experience in a wide variety of cases tells us the first thing we must determine is whether or not you are a “Nutrition Response Testing Case”. If someone is NOT a “Nutrition Response Testing Case” than it is unlikely that Nutrition Response Testing will ever help you. However, if you are a “Nutrition Response Testing Case”, then, in our experience, it is our belief that nothing else will help you as much.

If our analysis indicates that you are not a Nutrition Response Testing / nutritional case, then in all probability, while a nutritional program may give you some benefit, it may not give you the maximum results you desire.

We wish you the best of luck in your quest to take back full responsibility for your health. Just remember to do it one step at a time, and that we are here to guide you in that quest.

Once we accept your case, and you know what is required of you, you can count on us to do everything in our power to help you achieve your health objectives. In this way we can work together to help you achieve a healthier, happier life.

May you never be the same.

